

LENT

FAMILY DEVOTIONAL



2024



INTRODUCTION

As a community of families, over the years we have found a way to experience Advent in our homes with our advent candles and simple devotionals. For those who joined us on the journey to Bethlehem this past Advent – thank you!

In 2023, we began to establish a way to walk through Lent together – through the desert and then toward Jerusalem where everything changed three days after our Saviour was crucified. So welcome to our second attempt! As our second attempt, we value your feedback on how to make it better next year, what to keep and what to change. Please excuse any awkwardness that might come up as you work with the materials, and know at the end of our forty-days of prayer practice we will seek your feedback.

As parents and/or grandparents, you all are the shepherds of your families and the staff at Living Faith are simply here to try and make that big task a little easier. As you proceed, if you find a different way of doing the prayer time that is helpful – let Cindy Frost (cindy@livingfaithanglican.org) know so we can share it with other families on the journey.

The kits you have been given include:

1. 1 Lenten candle holder
2. 6 devotional candles: 5 purple and 1 red
3. Decorative pebbles
4. A devotional booklet to share

You will need to acquire before Ash Wednesday:

1. One or more Bibles that you and/or your children can read
2. Lighter or matches
3. A candle snuffer or small cup to place over the candle.
4. Decide where this cross can go such that it reminds the family to pray daily – or as often as you can during these 40 days of Lent. Determine the best time of day – maybe that is before or after dinner? Or before bedtime?

On Ash Wednesday or just before:

1. Place the devotional candles in the cross so that the red candle is in the center.
2. Place your devotional and Bible nearby

The content for the devotional booklet comes from the ACNA Prayer Book of 2019; specifically, we adapted the prayer from p.71, “Family Prayer, in the Early Evening”, with seasonal canticles in place of the Phos Hilaron. Additionally, Blake Plympton selected scriptures from Matthew (since those are the scriptures we read on Sundays). As you work through the practice of family prayer, we have imagined it will flow as outlined on the next page. This booklet was designed by Bethany Fuchigami-Campbell and our children’s aides staff has assembled each kit. We pray this gift blesses your family.

LENTEN FAMILY PRAYER

OPENING SCRIPTURE

CANTICLE

GOSPEL READING

CANDLE ENGAGEMENT

PSALM READING

THE LORD'S PRAYER

COLLECT READING

EXTINGUISH CANDLE(S)

WEEK 1 & 2

February 14 – February 24

OPENING SCRIPTURE

Repent, for the kingdom of heaven is at hand.

MATTHEW 3:2

CANTICLE

KYRIE PANTOKRATOR

February 14-17

**O Lord and Ruler of the hosts of heaven,
God of Abraham, Isaac, and Jacob,
and of all their righteous offspring:
You made the heavens and the earth,
with all their vast array.
All things quake with fear at your presence;
they tremble because of your power.
But your merciful promise is beyond all measure;
it surpasses all that our minds can fathom.**

LINES 1-9

February 18 - 24

**O Lord, you are full of compassion,
long-suffering, and abounding in mercy.
You hold back your hand;
you do not punish as we deserve.
In your great goodness, Lord,
you have promised forgiveness to sinners,
that they may repent of their sin and be saved.
And now, O Lord, I bend the knee of my heart,
and make my appeal, sure of your gracious goodness.
I have sinned, O Lord, I have sinned.
and I know my wickedness only too well.**

LINES 10-20

GOSPEL READING

February 14	Matthew 4:1-11 (1-17)
February 15	Matthew 4:23-5:11
February 16	Matthew 5:13-20
February 17	Matthew 5:21-26
February 18	Matthew 5:43-48
February 19	Matthew 6:5-15
February 20	Matthew 6:16-18
February 21	Matthew 6:19-24
February 22	Matthew 6:25-34
February 23	Matthew 7:24-29
February 24	Matthew 8:5-13

WATCHING THE LIGHT CHANGE WITH CANDLES



Light 1 purple candle at base

PSALM READING

February 14–17

- ¹ I was glad when they said to me,*
“Let us go to the house of the Lord!”
- ² Our feet have been standing*
within your gates, O Jerusalem!
- ³ Jerusalem—built as a city*
that is bound firmly together,
⁴ to which the tribes go up,*
the tribes of the Lord,
as was decreed for Israel,*
to give thanks to the name of the Lord.
- ⁵ There thrones for judgment were set,*
the thrones of the house of David.
- ⁶ Pray for the peace of Jerusalem!*
“May they be secure who love you!
- ⁷ Peace be within your walls*
and security within your towers!”
- ⁸ For my brothers and companions’ sake*
I will say, “Peace be within you!”
- ⁹ For the sake of the house of the Lord our God,*
I will seek your good.

PSALM 122

February 18 – February 24

- ¹ If it had not been the Lord who was on our side—*
let Israel now say—
- ² if it had not been the Lord who was on our side*
when people rose up against us,

³ then they would have swallowed us up alive,*
when their anger was kindled against us;
⁴ then the flood would have swept us away,*
the torrent would have gone over us;
⁵ then over us would have gone*
the raging waters.
⁶ Blessed be the Lord,*
who has not given us
as prey to their teeth!
⁷ We have escaped like a bird*
from the snare of the fowlers;
the snare is broken,*
and we have escaped!
⁸ Our help is in the name of the Lord,*
who made heaven and earth.

PSALM 124

THE LORD'S PRAYER

THE COLLECT

Lord Jesus, stay with us, for evening is at hand and the day is past; be our companion in the way, kindle our hearts, and awaken hope, that we may know you as you are revealed in Scripture and the breaking of bread. Grant this for the sake of your love. **Amen.**

Extinguish candle(s)

WEEK 3 & 4

February 25 - March 9

OPENING SCRIPTURE

For I acknowledge my faults, and my sin is ever before me.

PSALM 51:3

CANTICLE

KYRIE PANTOKRATOR

February 25 - March 2

Therefore I make this prayer to you:

Forgive me, Lord, forgive me.

Do not let me perish in my sin,

nor condemn me to the depths of the earth.

For you, O Lord, are the God of those who repent,

and in me you will show forth your goodness.

Unworthy as I am, you will save me,

in accordance with your great mercy,

**and I will praise you without ceasing all the days
of my life.**

For all the powers of heaven sing your praises,

and yours is the glory to ages of ages. Amen.

LINES 21-END

QUAERITE DOMINUM

March 3-9

Seek the Lord while he wills to be found;

call upon him when he draws near.

Let the wicked forsake their ways

and the evil ones their thoughts;

And let them turn to the Lord, and he will have compassion,

and to our God, for he will richly pardon.

LINES 1-6

GOSPEL READING

February 25	Matthew 8:28-34
February 26	Matthew 9:18-26
February 27	Matthew 10:5-15
February 28	Matthew 10:16-25
February 29	Matthew 11:7-19
March 1	Matthew 12:1-8
March 2	Matthew 12:22-32
March 3	Matthew 13:1-9
March 4	Matthew 13:18-23
March 5	Matthew 14:13-21
March 6	Matthew 14:22-32
March 7	Matthew 15:10-20
March 8	Matthew 15:21-28
March 9	Matthew 15:32-39

WATCHING THE LIGHT CHANGE WITH CANDLES



*February 25 - March 2
Light 2 purple candles*



*March 3-9
Light 3 purple candles*

PSALM READING

February 25 - March 2

¹ Those who trust in the Lord are like Mount Zion,*
which cannot be moved, but abides forever.

² As the mountains surround Jerusalem,*
so the Lord surrounds his people,
from this time forth and forevermore.

³ For the scepter of wickedness shall not rest*
on the land allotted to the righteous,
lest the righteous stretch out*
their hands to do wrong.

⁴ Do good, O Lord, to those who are good,*
and to those who are upright in their hearts!

⁵ But those who turn aside to their crooked ways*
the Lord will lead away with evildoers!
Peace be upon Israel!

PSALM 125

March 3-9

¹ Unless the Lord builds the house,*
those who build it labor in vain.

Unless the Lord watches over the city,*
the watchman stays awake in vain.

² It is in vain that you rise up early*
and go late to rest,
eating the bread of anxious toil;*
for he gives to his beloved sleep.

³ Behold, children are a heritage from the Lord,*
the fruit of the womb a reward.

⁴ Like arrows in the hand of a warrior*
are the children of one's youth.

⁵ Blessed is the man*
who fills his quiver with them!

He shall not be put to shame*

when he speaks with his enemies in the gate.

PSALM 127

THE LORD'S PRAYER

THE COLLECT

Lord Jesus, stay with us, for evening is at hand and the day is past; be our companion in the way, kindle our hearts, and awaken hope, that we may know you as you are revealed in Scripture and the breaking of bread. Grant this for the sake of your love. **Amen.**

Extinguish candle(s)

WEEK 5 & 6

March 10 – 23

OPENING SCRIPTURE

To the Lord our God belong mercy and forgiveness, for we have rebelled against him.

DANIEL 9:9

CANTICLE

QUAERITE DOMINUM

March 10-16

**For my thoughts are not your thoughts,
nor your ways my ways, says the Lord.
For as the heavens are higher than the earth,
so are my ways higher than your ways,
and my thoughts than your thoughts.**

LINES 7-11

March 17-23

**For as rain and snow fall from the heavens
and return not again, but water the earth,
Bringing forth life and giving growth,
seed for sowing and bread for eating,
So is my word that goes forth from my mouth;
it will not return to me empty;
But it will accomplish that which I have purposed,
and prosper in that for which I sent it.
Glory be to the Father, and to the Son, and to the Holy Spirit;
as it was in the beginning, is now, and ever shall be, world
without end. Amen.**

LINES 12 - END

GOSPEL READING

March 10	Matthew 16:5-12
March 11	Matthew 16: 13-20
March 12	Matthew 16:24-28
March 13	Matthew 17:1-13
March 14	Matthew 18:1-9
March 15	Matthew 20:1-16
March 16	Matthew 20:20-28
March 17	Matthew 21:18-22
March 18	Matthew 22:15-22
March 19	Matthew 22:34-40
March 20	Matthew 24:3-14
March 21	Matthew 24:36-44
March 22	Matthew 24:45-51
March 23	Matthew 25:31-46

WATCHING THE LIGHT CHANGE WITH CANDLES



*March 10-16
Light 4 purple candles*



*March 17 - 23
Light 5 purple candles*

PSALM READING

March 10-16

- ¹ Blessed is everyone who fears the Lord,*
who walks in his ways!
- ² You shall eat the fruit of the labor of your hands;*
you shall be blessed, and it shall be well with you.
- ³ Your wife will be like a fruitful vine*
within your house;
your children will be like olive shoots*
around your table.
- ⁴ Behold, thus shall the man be blessed*
who fears the Lord.
- ⁵ The Lord bless you from Zion!*
May you see the prosperity of Jerusalem
all the days of your life!
- ⁶ May you see your children's children!*
Peace be upon Israel!

PSALM 128

March 17-23

- ¹ "Greatly have they afflicted me from my youth"—*
let Israel now say—
- ² "Greatly have they afflicted me from my youth,*
yet they have not prevailed against me.
- ³ The plowers plowed upon my back;*
they made long their furrows."
- ⁴ The Lord is righteous;*
he has cut the cords of the wicked.
- ⁵ May all who hate Zion*
be put to shame and turned backward!

⁶ Let them be like the grass on the housetops,*
which withers before it grows up,
⁷ with which the reaper does not fill his hand*
nor the binder of sheaves his arms,
⁸ nor do those who pass by say,*
"The blessing of the Lord be upon you!
We bless you in the name of the Lord!"

PSALM 129

THE LORD'S PRAYER

THE COLLECT

Lord Jesus, stay with us, for evening is at hand and the day is past; be our companion in the way, kindle our hearts, and awaken hope, that we may know you as you are revealed in Scripture and the breaking of bread. Grant this for the sake of your love. **Amen.**

Extinguish candle(s)

HOLY WEEK

March 24 - March 30

As we enter Holy Week the color of our candles will change to red, this will align with the color change you will see in Worship on Maundy Thursday.

As you continue this Lenten practice at home, all the purple candles and the red candle will be lit after the Gospel. However, to help us all remember that we are walking toward Jerusalem where Jesus will be crucified, each night we will extinguish one candle before we read the Psalm. So each night, as we read the Psalm, the prayer time gets a little bit darker - as we get a little bit closer to Good Friday. On Good Friday, all the candles are out, and you finish the Psalm with all the candles out. The candles remain out until Easter Morning.

We hope that your family will join us for Maundy Thursday, Good Friday, Holy Saturday, and of course Easter morning.

OPENING SCRIPTURE

All we like sheep have gone astray; we have turned every one to his own way; and the LORD has laid on him the iniquity of us all.

ISAIAH 53:6

CANTICLE

VENITE

**¹O come, let us sing unto the Lord;
let us heartily rejoice in the strength of our salvation.**

**²Let us come before his presence with thanksgiving
and show ourselves glad in him with psalms.**

**³For the Lord is a great God * and a great King above
all gods.**

**⁴In his hand are all the depths of the earth,
and the heights of the hills are his also.**

**⁵The sea is his, for he made it,
and his hands prepared the dry land.**

**⁶O come, let us worship and fall down,
and kneel before the Lord our Maker.**

**⁷For he is our God,
and we are the people of his pasture,
and the sheep of his hand.**

PSALM 95:1-7

GOSPEL READING

Palm Sunday	March 24	Matthew 21:1-11
Holy Monday	March 25	Matthew 26:6-13
Holy Tuesday	March 26	Matthew 21:12-17

Holy Wednesday	March 27	Matthew 36:1-5, 14-25
Maundy Thursday	March 28	Matthew 26:26-29 (John 13:1-15)*
Good Friday	March 29	"The Story of Jesus's Crucifixion", See pg. 30
Easter Vigil	March 30	Matthew 27:57-66

**This reading can be done in addition to the Matthew reading if desired. If unable to make the Maundy Thursday service, families may wash the feet of one another.*

WATCHING THE LIGHT CHANGE WITH CANDLES



From Palm Sunday to Good Friday, light 5 purple candles and 1 red candle; then, in order to assist your children in feeling the darkness of Holy Week, we will extinguish a candle each night as follows:

<i>Palm Sunday</i>	<i>March 24</i>	<i>extinguish 1 purple candle.</i>
<i>Holy Monday</i>	<i>March 25</i>	<i>extinguish 2 purple candles.</i>
<i>Holy Tuesday</i>	<i>March 26</i>	<i>extinguish 3 purple candles.</i>
<i>Holy Wednesday</i>	<i>March 27</i>	<i>extinguish 4 purple candles.</i>
<i>Maundy Thursday</i>	<i>March 28</i>	<i>extinguish 5 purple candles.</i>



Good Friday, March 29

*Light 5 purple candles and 1 red candle, then extinguish
5 purple candles and 1 red candle.*



Holy Saturday, March 30

No lights

PSALM READING

¹Out of the depths I cry to you, O Lord!*

² O Lord, hear my voice!

Let your ears be attentive*

to the voice of my pleas for mercy!

³If you, O Lord, should mark iniquities,*

O Lord, who could stand?

⁴But with you there is forgiveness,*

that you may be feared.

⁵I wait for the Lord, my soul waits,*

and in his word I hope;

⁶my soul waits for the Lord*

more than watchmen for the morning,

more than watchmen for the morning.

⁷O Israel, hope in the Lord!*

For with the Lord there is steadfast love,

and with him is plentiful redemption.

⁸And he will redeem Israel*

from all his iniquities..

PSALM 130

THE LORD'S PRAYER

THE COLLECT

Lord Jesus, stay with us, for evening is at hand and the day is past; be our companion in the way, kindle our hearts, and awaken hope, that we may know you as you are revealed in Scripture and the breaking of bread. Grant this for the sake of your love. **Amen.**

Extinguish remaining candle(s)

THE STORY OF JESUS'S CRUCIFIXION

SELECTED VERSES FROM MATTHEW 27

¹When morning came, all the chief priests and the elders of the people took counsel against Jesus to put him to death. ²And they bound him and led him away and delivered him over to Pilate the governor.

¹¹Now Jesus stood before the governor, and the governor asked him, "Are you the King of the Jews?" Jesus said, "You have said so." ¹²But when he was accused by the chief priests and elders, he gave no answer. ¹³Then Pilate said to him, "Do you not hear how many things they testify against you?" ¹⁴But he gave him no answer, not even to a single charge, so that the governor was greatly amazed.

¹⁷So when they had gathered, Pilate said to them, "Whom do you want me to release for you: Barabbas, or Jesus who is called Christ?"

²¹The governor again said to them, "Which of the two do you want me to release for you?" And they said, "Barabbas." ²⁴So when Pilate saw that he was gaining nothing, but rather that a riot was beginning, he took water and washed his hands before the crowd, saying, "I am innocent of this man's blood; see to it yourselves." ²⁵And all the people answered, "His blood be on us and on our children!"

²⁸And they stripped him and put a scarlet robe on him,
²⁹and twisting together a crown of thorns, they put it on his head

and put a reed in his right hand. And kneeling before him, they mocked him, saying, "Hail, King of the Jews!"

³⁵ And when they had crucified him, they divided his garments among them by casting lots.

⁴⁵ Now from the sixth hour there was darkness over all the land until the ninth hour. ⁴⁶ And about the ninth hour Jesus cried out with a loud voice, saying, "Eli, Eli, lema sabachthani?" that is, "My God, my God, why have you forsaken me?" ⁵⁰ And Jesus cried out again with a loud voice and yielded up his spirit.

⁵¹ And behold, the curtain of the temple was torn in two, from top to bottom. And the earth shook, and the rocks were split. ⁵² The tombs also were opened. And many bodies of the saints who had fallen asleep were raised, ⁵³ and coming out of the tombs after his resurrection they went into the holy city and appeared to many.

⁵⁷ When it was evening, there came a rich man from Arimathea, named Joseph, who also was a disciple of Jesus. ⁵⁸ He went to Pilate and asked for the body of Jesus. Then Pilate ordered it to be given to him. ⁵⁹ And Joseph took the body and wrapped it in a clean linen shroud ⁶⁰ and laid it in his own new tomb, which he had cut in the rock. And he rolled a great stone to the entrance of the tomb and went away. ⁶¹ Mary Magdalene and the other Mary were there, sitting opposite the tomb.

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